

# EHMA 2024

Shaping and managing  
innovative health ecosystems

## Health Technology Assessment of METAglut1™ test for the diagnosis of GLUT1 deficiency within pediatric setting

**Lucrezia Bianca Ferrario**

Università Carlo Cattaneo – LIUC

*On behalf of Emanuela Foglia, Alessandra Bini, Andrea Paparelli, Nicoletta Bellato, Angelo Arcolini, Carlotta Lerda, Ilaria Robustino, Antonella Ciccarelli, Sara Olivotto, Pierangelo Veggiotti*

5 – 7 June 2024 – Bucharest, Romania

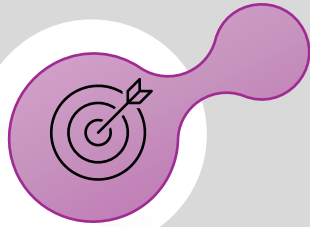
Politehnica University of Bucharest, Bucharest, Romania

#EHMA2024

# Relevance of the topic

- ❑ Glucose transporter type 1 deficiency syndrome (Glut1DS) is a **rare genetic metabolic disorder** characterized impaired glucose transport across the blood-brain barrier leading to neurological deficits
- ❑ The **rapid diagnosis is important to prevent Glut1DS complications**: the ketogenic diet is highly effective in controlling the seizures and improving gait disturbance and is generally well tolerated
- ❑ The standard diagnostic procedure is represented by the **lumbar puncture**, an invasive procedure
- ❑ However, **most patients required genetic analysis**, with long reporting times, to confirm the diagnosis
- ❑ In this specific setting, **METAglut1™ emerged as an innovative in vitro diagnostic test, supporting Glut1DS diagnosis, giving a response within 24-72 hours**
- ❑ Despite its strategic and clinical relevance, no **consensus exists in the Italian setting with regard its use in the clinical practice**

# Objective



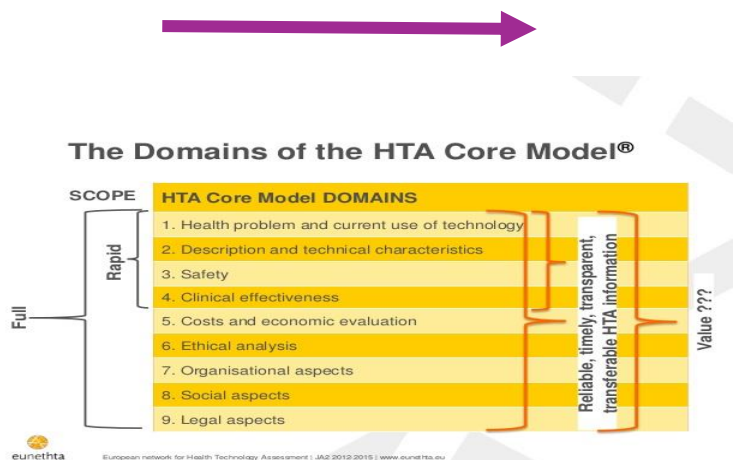
To define the multidimensional impacts related to the implementation of the innovative blood test for GlutIDS diagnosis, in comparison to the standard diagnostic tools used to date in the Italian clinical practice, thus producing real-life information defining the test economic and organizational sustainability and supporting the development of an adequate reimbursement tariff

The conduction of the HTA would be capable to answer to the following policy question: **“Which are the main benefits related to METAgglut1™ for the diagnosis of GlutIDS, considering not only the hospital perspective, but also the clinical benefit for patients and potentially generalizable in the European context?”**

# Methods

A Health Technology Assessment (HTA) analysis was performed, to bring together evidence and other relevant and reliable information for hospital managers to guide good investment decisions, within GlutIDS setting

## HTA Core Model EUnetHTA



### Scientific Evidence

*Narrative literature review, to define efficacy and safety indicators, concerning the comparison of the traditional and the innovative diagnostic tools*

### Quantitative approach

*Economic assessment of the patient diagnostic clinical pathways, considering METAgut1™ presence or absence, and conduction of a **budget impact analysis** to define METAgut1™ economic and financial sustainability*

### Qualitative approach

*Administration of specific qualitative questionnaires and interviews to healthcare professionals, examining their perceptions and acceptance in the conduction of the innovative diagnostic test*

# Results from the narrative literature review

## Safety

Adverse events	Technology		
	Lumbar Puncture	Genetic Test	METAgglut1™
<b>Headache</b>	18% (p<0.05) (Ebinger & Rating, 2004)	/	/
<b>Back Pain</b>	24% (p<0.001) (Ebinger & Rating, 2004)	/	/
<b>Nausea</b>	23% (Ebinger & Rating, 2004)	/	/

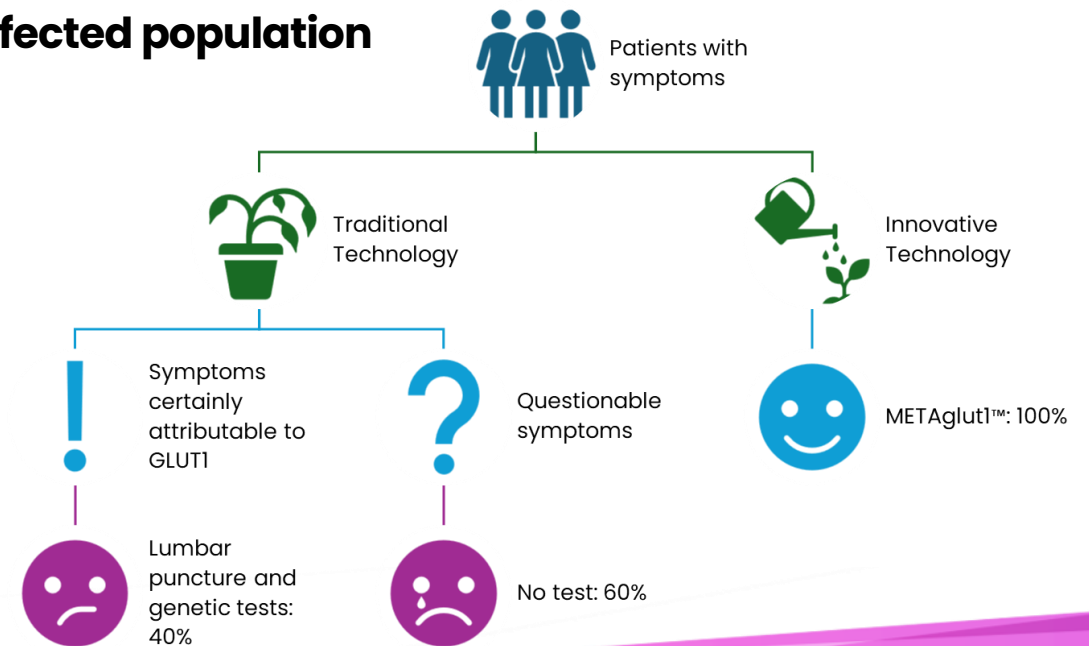


**No impact on hospitals for the management of patients with the above adverse events**

## Efficacy

Literature declared that lumbar puncture and **METAgglut1™ presents the same performances, in terms of sensibility and specificity**

The difference emerged in the proportion of patients that could be tested, in terms of **% coverage of potentially affected population**



# Results from the economic analysis

**Traditional situation:  
Absence of  
METAgglut1™ test**

The following 5 scenarios have been economically assessed and valorized:

- 1) Patient with symptoms that can certainly be attributed to GLUT1 DS and is tested with traditional technology and thus tests positive
- 2) Patient with symptoms that can certainly be attributed to GLUT1 DS and is tested with traditional technology and thus tests negative, but with an in-depth test (MLPA) in order to confirm or not the negativity
- 3) Patient with symptoms that can not certainly be attributed to GLUT1 DS, and is not tested
- 4) Patient with symptoms that is tested with the innovative technology, thus tests positive and is also tested with the traditional technology in order to confirm the positivity
- 5) Patient with symptoms that is tested with the innovative technology, thus tests negative

**Innovative situation:  
Presence of METAgglut1™ test**

# Economic assessment of the process

 **Time Horizon: 12 months**

Traditional situation	Patient's Pathway	%*	Economic evaluation
<b>Tested patients</b>	Patient's Pathway #1	35%	3,518.32 €
	Patient's Pathway #2	5%	4,063.02 €
<b>Not tested patients</b>	Patient's Pathway #3	60%	175.22 €
<b>Average weighted cost related to the traditional situation</b>			<b>1,539.70 €</b>

Innovative situation	Patient's Pathway	%*	Economic evaluation
<b>Tested patients</b>	Patient's Pathway #4	95%	5,286.63 €
	Patient's Pathway #5	5%	538.59 €
<b>Average weighted cost related to the innovative situation</b>			<b>5,049.23 €</b>

\*Distribution of patients by pathway is derived from expert opinion based on the current and observed clinical practice

# Economic assessment of the process

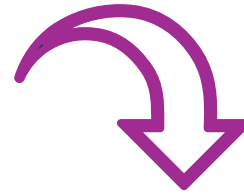
 **Time Horizon: 8 years**

	%	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7	Total Costs	Average weighted cost
Patient's Pathway #1	40%	3,518.32 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	4,569.66 €	Traditional situation: Absence of METAgglut1™ test <b>4,596.90 €</b>
Patient's Pathway #2	5%	4,063.02 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	5,114.37 €	
Patient's Pathway #3	60%	175.22 €	175.22 €	175.22 €	3,518.32 €	175.22 €	175.22 €	175.22 €	4,569.66 €	
Patient's Pathway #4	95%	5,286.63 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	6,337.98 €	
Patient's Pathway #5	5%	538.59 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	175.22 €	1,589.93 €	

Innovative situation: Presence of METAgglut1™ test  
**6,100.58 €**



# Budget Impact Analysis



	Traditional Situation	Innovative Situation
<b>Baseline Scenario</b>	100%	0%
<b>Scenario 1</b>	80%	20%
<b>Scenario 2</b>	50%	50%
<b>Scenario 3</b>	20%	80%
<b>Scenario 4</b>	0%	100%

	Total costs	Difference (Euro)	Difference (%)
<b>Baseline Scenario</b>	307,939.52 €	0.00 €	0.0%
<b>Scenario 1</b>	362,856.09 €	54,916.56 €	17.8%
<b>Scenario 2</b>	445,230.94 €	137,291.41 €	44.6%
<b>Scenario 3</b>	527,605.78 €	219,666.26 €	71.3%
<b>Scenario 4</b>	582,522.35 €	274,582.82 €	89.2%

# From the economic assessment of the hospital costs to the economic assessment of the social costs

	Patient's Pathway #1	Patient's Pathway #2	Patient's Pathway #3	Patient's Pathway #4	Patient's Pathway #5
% tested patients	35%	5%	60%	95%	5%
Number of Hospital Accessed	5	6	2	6	4
Productivity loss related to the hospital accesses	425.00 €	510.00 €	170.00 €	510.00 €	340.00 €
Productivity loss related to the lumbar puncture	40.80 €	40.80 €		40.80 €	
Trasportation	75.00 €	90.00 €	30.00 €	90.00 €	60.00 €
Drug (Levetiracetam doc 500 mg)		22.60 €* 22.60 €	452.04 €		452.04 €
Cognitive and behavioral support		90.00 €* 90.00 €	1,800.00 €		1,800.00 €
Social cost by patient's pathway	<b>540.80 €</b>	<b>753.40 €</b>	<b>2,452.04 €</b>	<b>640.80 €</b>	<b>2,652.04 €</b>
Average weighted social cost	<b>1,698.17 €</b>			<b>741.36 €</b>	

**- 56%**

# Results from the healthcare professionals' perceptions

Dimensions	Standard Technology	Innovative Technology	
Safety	0.39	0.46	<ul style="list-style-type: none"> <li><input type="checkbox"/> No difference on the development of adverse events related to the procedure</li> <li><input type="checkbox"/> METAglut1™ test is well tolerated</li> </ul>
Effectiveness	-0,25	1.33	<ul style="list-style-type: none"> <li><input type="checkbox"/> Higher and prompt Glut1DS detection rate</li> </ul>
Equity impact	-0.17	-0.75	<ul style="list-style-type: none"> <li><input type="checkbox"/> Poor access to care on local level, due to the test's scarce availability</li> <li><input type="checkbox"/> Potential generation of health migrations phenomena</li> </ul>
Social impact	-0.08	0.92	<ul style="list-style-type: none"> <li><input type="checkbox"/> Improved patients' and families' satisfaction</li> <li><input type="checkbox"/> Improved patients' quality of life</li> <li><input type="checkbox"/> Reduced social costs due to the diagnostic pathways</li> </ul>
Legal impact	1.13	1.00	<ul style="list-style-type: none"> <li><input type="checkbox"/> Need to regulate the acquisition of METAglut1™ test</li> </ul>
Organizational impact	0.50	-1.25	<ul style="list-style-type: none"> <li><input type="checkbox"/> In the short term, training courses and hospital meetings are required for all the healthcare professionals involved,</li> <li><input type="checkbox"/> An improvement in the patient's clinical pathway may emerge</li> </ul>

# Conclusions

Results revealed **the potentialities of METAgglut1™ in the improvement of the diagnostic pathway of such rare disease**

Healthcare **professionals recognized benefits of METAgglut1™ within all the HTA domains**, thus declaring that its routinary use would optimize the overall patient management

Despite the need of additional investment that is absorbed in the long run given METAgglut1™ capability to modify the patients' pathway thanks to an accurate and prompt diagnosis, **a higher clinical benefit emerged with a consequent positive impact on the social point of view**

**A real-life data collection would be required** to make the results more robust and scalable, thus also considering a long-term time-horizon



# EHMA 2024

Shaping and managing  
innovative health ecosystems

# Thank you

Lucrezia Bianca Ferrario  
Università Carlo Cattaneo - LIUC  
[lferrario@liuc.it](mailto:lferrario@liuc.it)