EHMA 2024 Shaping and managing innovative health ecosystems

Bridging gaps and building connections: the Social Care initiative in Cremona, Italy, supporting caregivers in elderly health

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The context

Addressing Challenges in Elderly Care in Cremona



ITALY

- old people living in rural areas
- limited healthcare and social service access
- intricate needs

THE BURDEN OF ELDERLY IS LEFT **TO FAMILY MEMBERS**



from +22% to +35% of the population aged 65+

The challenge

The mismatch between service providers and caregivers' demand



"CAREGIVERS AS ORPHANS OF CARE" (APPLEBAUM, 2015)













The project

The Social Care initiative, Cremona, Italy



Social Care is a **collaborative service model** which facilitates collaboration between the municipalities, the Third Sector and the facilities/cooperatives working for the NHS. It helps them **match** caregivers' needs with the varied offer of local services.











The project

The Social Care initiative, Cremona, Italy









The project

The Social Care initiative, Cremona, Italy



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was chosen as a **PRIMARY OBSERVATORY** due to its high proportion of elderly residents and the presence of a wide range of healthcare and social services.





SINGLE CASE STUDY of the PROVINCE OF

CREMONA (Lombardy Region, Italy). The area

Methods



Co-production workshops



2 Co-production workshops for

designing an service solu of the involv

- 30 health, social and third sector organizations involved using a
 - snowballing approach
 - 18 volunteers
 - **21** professionals



- designing and prototyping a new digital
- service solution with the representatives
- of the involved organizations

Methods

- development in back office of the possible digital service solution with the support of a local software company
- 8 meetings between the software company and the university to finalize the Social Care platform
- 20+ meetings with stakeholders for mapping the services available in the area

Platform development











Co-assessment workshops



- - **15** social workers
 - **17** healthcare professionals 0
 - **3** caregivers
- discussion



2 co-assessment workshops engaged future users of the platform:

- communication method: informal

Methods

- the new digital service solution was launched, with 4 training courses to all interested professionals and volunteers
 - 23 volunteers
 - **32** professionals
- **41 surveys** for investigating
 - **socio-demographics** of platform users
 - the actual services knowledge and level of **collaboration** between platform users
 - the intention to use the platform using Technology Acceptance Model (Davis, 1989)
- **dissemination** of the project to the local community
 - **1.500** Foldings; **1.000** Postcards; **1.200** Business cards; **100** Posters; **80** Stickers







Platform improvements & Pilot launch

Outcomes of the Social Care Project









Co-design of the platform according to stakeholder's needs

- categorization of services based on two primary criteria
 - **nature** of the needs they address 0
 - distinctive characteristics





the high number of participant highlighted the **deep** engagement of local service providers



Finalization of Social Care platform

- beta version of Social Care
- 81 services mapped and recorded on the platform





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Revision of Social Care platform

- trial of the platform (35 users tested the platform usability)
- 11 modifications to refine the Social Care platform





improved usability of the platform for every category of user

ACT











Perceived Usefulness (PU)

- (4 items; N=41 respondents;
 - mean = 3.6)

- users discovered the huge amount
 - of services for frail individuals and
 - improved capability of support to

caregivers

Discussion

Driving Innovation Through Stakeholder Collaboration



OUTCOME

- increased awareness of available services
- improved elderly care

management (better capability
of professionals and volunteers
to support caregivers thanks to
the platform)

increased community cohesion
 in Cremona





Conclusion

Shaping Sustainable Health Ecosystems



Participatory co-design approach as an effective tool for fostering efficient and effective innovation



Next steps: comprehensive engagement across the entire province of Cremona



Limitations: case study specificity





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Thank you

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in Alberto Mangini

